# **Delaware**

# National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Delaware**, 47 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 4,853 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Delaware** was 100%.

			Client	s in Treatme	ent on March 31,	2003
	Faci	Facilities		lients	Clients Under	Age 18
	No.	%	No.	%	No.	%
Private non-profit	31	66%	3,726	77%	65	25%
Private for-profit	13	28%	1,060	22%	196	75%
Local government	_	-	_	-	_	_
State government	1	2%	5	<1%	_	_
Federal government	2	4%	62	1%	_	_
Dept. of Veterans Affairs	1	2%	33	1%	_	_
Dept. of Defense	1	2%	29	1%	_	_
Indian Health Service	_	_	_	_	_	_
Other	_	_	_	_	_	_
Tribal government	_	_	_	_	_	_
Total	47	100%	4,853	100%	261	100%

### **Primary Focus of Facility**

			Clien	ts in Treatm	ent on March 31,	2003		
	Facilities		Facilities		All C	Clients	Clients Under	r Age 18
	No.	%	No.	%	No.	%		
Substance abuse treatment services	37	79%	4,483	92%	242	93%		
Mental health services	4	9%	68	1%	12	4%		
Mix of mental health & substance abuse								
treatment services	4	9%	254	5%	7	3%		
General health care	1	2%	33	1%	_	_		
Other/unknown	1	2%	15	<1%	_	_		
Total	47	100%	4,853	100%	261	100%		

#### **Substance Abuse Problem Treated**

			Clients in Treatment on March 31, 2003				
	Facilities <sup>1</sup>		Cli	ents	Clients per 100,000 Pop.		
	No.	%	No. %		Aged 18 and Over		
Clients with both alcohol and drug abuse	40	95%	3,036	66%	502		
Clients with drug abuse only	28	67%	863	19%	143		
Clients with alcohol abuse only	31	74%	693	15%	115		
Total <sup>2</sup>	42		4,592	100%	759		

<sup>&</sup>lt;sup>1</sup> Facilities may be included in more than one category.

<sup>&</sup>lt;sup>2</sup> Excludes 5 facilities that were not asked or did not respond to this question.

### **Type of Care**

Clients in Treatment on March 31, 2003
All Clients Under Age 18

				All Clien	ıs	Clients Under	Age To
					Median No.		
	Facil	ities¹			of Clients		
	No.	%	No.	%	Per Facility	No.	%
Outpatient	33	70%	4,628	95%	94	257	99%
Regular outpatient	31	66%	2,596	54%	29		
Intensive outpatient	17	36%	423	9%	11		
Day treatment/partial hospitalization	6	13%	86	2%	20		
Detoxification	3	6%	_	_	_		
Methadone/LAAM maintenance	5	11%	1,523	31%	184		
Residential	14	30%	209	4%	10	1	<1%
Short term	2	4%	32	1%	16		
Long term	12	26%	152	3%	10		
Detoxification	2	4%	25	1%	13		
Hospital Inpatient	3	6%	16	<1%	3	3	<1%
Rehabilitation	3	6%	6	<1%	3		
Detoxification	1	2%	10	<1%	10		
Total	47		4,853	100%	33	261	100%

<sup>&</sup>lt;sup>1</sup> Facilities may be included in more than one category.

### **Opioid Treatment Programs (OTPs)**

	No.	%
Facilities with OTPs		
Maintenance only	2	40%
Detoxification only	_	_
Both maintenance and detoxification	3	60%
Total	5	100%
Clients in Facilities with OTPs	1,681	
Methadone	1,681	
LAAM		

## **Type of Payment Accepted**

	Facil	ities
	No.	%
Cash or self-payment	40	85%
Private health insurance	27	57%
Medicare	12	26%
Medicaid	27	57%
Other State-financed health insurance	15	32%
Federal military insurance	10	21%
No payment accepted	3	6%
Other payment assistance	2	4%
Sliding fee scale	24	51%
Treatment at no charge for clients		
who cannot pay	26	55%

# **Facility Capacity and Utilization Rate**

		Hospital
	Residential	Inpatient
No. of facilities <sup>1</sup>	14	2
No. of clients	209	13
Designated beds	249	22
Utilization rate	84%	59%
Designated beds per facility (average	e) 18	11

<sup>&</sup>lt;sup>1</sup> Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

# Facility Licensing, Approval, Certification, or Accreditation

	Facil	ities
	No.	%
Any listed agency/organization	46	98%
State Substance Abuse Agency	42	89%
State Mental Health Department	16	34%
State Public Health Department/Board of		
Health	11	23%
Hospital licensing authority	3	6%
JCAHO (Joint Commission on Accreditation		
of Healthcare Organizations)	23	49%
CARF (Rehabilitation Accreditation		
Commission)	5	11%
NCQA (National Committee for Quality		
Assurance)	1	2%
COA (Council for Accreditation for Children		
and Family Services)	3	6%
Other State/Local Agency/Organization	5	11%

# **Facility Administrative and Funding Characteristics**

Facilities		
No.	%	
ice		
28	60%	
32	68%	
	No.	

#### **Programs for Special Groups Facilities** No. Any program or group 77% Adolescents 10 21% Dually-diagnosed 19 40% 10 Criminal justice clients 21% Persons with HIV/AIDS 5 11% Gays and lesbians 9% 4 Seniors/older adults 1 2% Pregnant/postpartum women 4 9% Women only 16 34% Men only 13 28% DUI/DWI offenders 9 19% Other groups 4 9%

Types of Services Offered		
	Faci	lities
	No.	%
Assessment Services	43	91%
Comprehensive substance abuse		
assessment/diagnosis	43	91%
Comprehensive mental health		
assessment/diagnosis	20	43%
Substance Abuse Therapy		
and Counseling	47	100%
Family counseling	35	74%
Group therapy	43	91%
Individual therapy	45	96%
Relapse prevention groups	35	74%
Aftercare counseling	36	77%
Pharmacotherapies	8	17%
Antabuse	7	15%
Naltrexone	6	13%
Buprenorphine	3	6%
Testing	46	98%
Breathalyzer or other blood alcohol testing	32	68%
Drug/alcohol urine screening	43	91%
Screening for Hepatitis B	8	17%
Screening for Hepatitis C	8	17%
HIV testing	17	36%
STD testing	7	15%
TB screening	13	28%
Transitional Services	45	96%
Assistance with obtaining social services	29	62%
Discharge planning	44	94%
Employment counseling/training	16	34%
Housing assistance	20	43%
Other Services	46	98%
Case management services	29	62%
Child care	3	6%
Domestic violence or family/partner		
violence services	10	21%
HIV/AIDS education/counseling/support	28	60%
Outcome follow-up after discharge	21	45%
Transportation assistance to treatment	14	30%
Acupuncture	1	2%
Residential beds for clients' children	1	2%

#### **Location of Treatment Facilities**



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

http://findtreatment.samhsa.gov

# Services for the Hearing Impaired or in Languages Other than English

F	a	С	il	İ	ti	е	s

	No.	%
Hearing impaired/sign language	12	26%
Any language other than English	20	43%
Spanish	19	40%
American Indian/Alaska Native languages	_	_
Other	4	9%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at: http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at: http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

> Other substance abuse reports are available at: http://www.oas.samhsa.gov



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Substance Abuse and Mental Health Services Administration Office of Applied Studies

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